



Motivational Steps

Linda Ockwell-Jenner
Professional Speaker, Author &
Consultant



www.motivationalsteps.com

linda@motivationalsteps.com

133 Weber St. N. • Suite #3-183
Waterloo • Ontario • N2J 3G9

Office: (519) 893-1598
Cell: (519) 635-5219

"To be a successful speaker is not to read from a script, but to talk from the heart. My passion is helping others understand that challenges are just a visitor in our lives."

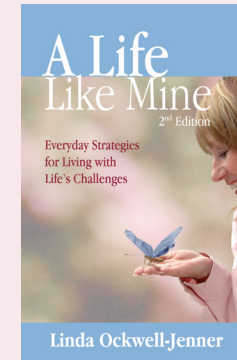
Professional Speaker, Author, Consultant, Life Expert and two-time Breast Cancer survivor Linda Ockwell-Jenner is passionate in her belief that no challenge is insurmountable.

Linda's *6 Steps for Living With Life's Challenges* was created as a way for her to deal with the many varied challenges in her life. As a "life expert", she has overcome the everyday challenges we all face. Her beliefs are the cornerstone of the *6 Steps*, which themselves, are a tool that anyone can use to work through their challenges.

Her seminars, workshops and keynotes encourage action! Thought-provoking strategies enhanced by true-life examples ensure that each and everyone is motivated to become the master of their own destiny.



Linda is a member of the Canadian Association of Professional Speakers (CAPS) and the International Federation for Professional Speakers. She is also the founder of the Small Business Community Network.



A Life Like Mine, now in its second edition, is Linda's debut book. It chronicles Linda Ockwell-Jenner's journey through her life's challenges and the strategies she has developed to overcome them. Learn how to live life to its fullest, have no

regrets and turn your challenges into something positive.

Use Linda's *6 Steps* as a tool to guide you through your challenges... and discover that *A Life Like Mine*, could be a life like yours!

"You individualize and personalize the material in a clear and concise package."

"Linda's smile does not hide those hard life lessons: it is, instead, a beacon for others going through difficult times."

"You are, by far, the best speaker we have had!"

"I would have no hesitation in recommending Linda to other groups who are interested in hearing about life's challenges from a unique perspective."

"Reading your book was a fun, thoughtful and inspiring experience. The care and honesty with which the book was crafted is clear."

Nominated for the 2005 Kitchener-Waterloo Oktoberfest Rogers Women of the Year Award

Some of our clients include...

- Manulife
- NCR
- Credit Institute of Canada
- Waterloo Region District School Board
- Toronto Rehab
- Ontario Secondary School Teachers Federation
- Hospice Association of Ontario
- Corporation of the Town of Minto
- Guelph Women in Networking
- Canadian Event Perspective Magazine
- Merryhill Golf Club



We are pleased to offer you a **15% discount** on all Motivational Steps products and services, making it even easier to enjoy the benefits we provide!

This offer covers all keynote presentations, workshops, consulting engagements, coaching programs, advertising in Stepping Stone and copies of A Life Like Mine.

You can take advantage of this discount by entering the promotion code below when ordering products and services through our web site. It can also be used when requesting a booking for a keynote or workshop on-line. Visit us today:

www.motivationalsteps.com

Promotion Code: **LIV515**

Keynotes: from popular presentations to tailor-made keynotes to suit your specific needs, Motivational Steps strives to give that added extra. If you are looking for a 30-minute to 1-hour dose of pure inspiration, humour and honesty, look no further. Our keynotes cover many themes, including:

- Change
- Networking & Sales
- Health & Wellness

Workshops: perhaps you are looking for a progressive and interactive experience that leads you to the solutions you and your organization seek. Our workshops offer a chance to share knowledge and work together for a common goal.

Consulting: life expert and business coach, Linda Ockwell-Jenner shares her knowledge and expertise in a personal, one-on-one setting. By working closely and directly, you gain tremendous insight and wisdom in a way unique to you. We can cover:

- Building solid foundations for your business
- Benefits of networking
- The A-Z of becoming an author
- Connecting individuals to each other
- Marketing strategies made easy!



Stepping Stone is our monthly e-mail digest sent to subscribers around the world!

Since 2003, Linda has shared motivational thoughts, business tips, lifestyle news and her own insights on life's challenges. Additionally Stepping Stone features articles from subscribers covering a wide-range of topics. These contributors benefit from having the chance to showcase their thoughts and expertise to the wider audience.

"I look forward to seeing Stepping Stone pop into my Inbox every month. It's a great resource for both my work and personal life." — Subscriber

Need some motivation whilst travelling? Perhaps you're looking for some inspiration whilst you work? Linda Ockwell-Jenner hosts **Motivational Moments**, the podcast for you!



In each episode Linda shares her thoughts, comments and messages of inspiration on far-reaching and broad topics. Subscribers have commented that it's like having their own personal Motivational Speaker available 24x7.

Look for us in the Apple iTunes Music Store!

"By listening your words, you give me inspiration that I too can do something with my life. I can achieve anything I set my mind to." — Wendell Benevides, USA.